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### Morning Prayer to the Most Holy Trinity

**I** ADORE Thee, O my God—one God in three Persons; I annihilate myself before Thy majesty. Thou alone art being, life, truth, beauty, and goodness. I glorify Thee, I praise Thee, I thank Thee, and I love Thee, all incapable and unworthy as I am, in union with Thy dear Son, Jesus Christ, our Saviour and our Father, in the mercifulness of His Heart and through His infinite merits. I wish to serve Thee, to please Thee, to obey Thee, and to love Thee always, in union with Mary immaculate, Mother of God and our mother, loving also and serving my neighbor for Thy sake. Therefore, give me Thy holy Spirit to enlighten, correct, and guide me in the way of Thy commandments, and in all perfection, until we come to the happiness of heaven, where we shall glorify Thee for ever. Amen.

300 days, every time.—Pius X, April 18, 1906.

### Prayer to the Divine Heart of Jesus

**O** DIVINE Heart of Jesus, grant, we beseech Thee, eternal rest to the souls in purgatory, the final grace to those who shall die to-day, true repentance to sinners, the light of the Faith to pagans, and Thy blessing to me and mine. To Thee, O most compassionate Heart of Jesus, I commend all these souls, and I offer to Thee on their behalf all Thy merits, together with the merits of Thy most holy Mother and of all the saints and angels, and all the sacrifices of the Holy Mass, communions, prayers, and good works, which shall be accomplished to-day throughout the Christian world.

Indulgence of 100 days, once a day.—Leo XIII, March 13, 1901.

### Ejaculation to the Sacred Heart

All for Thee, most sacred Heart of Jesus!

Indulgence of 300 days, every time.—Pius X, Nov. 26, 1908.



### Morning Salutation and Offering to the Blessed Sacrament

**O** SWEETEST Jesus, divine friend, Thou hast been watching and waiting patiently and lovingly in Thy lonely tabernacle all through the night for this moment, which finds me once more at Thy blessed feet, that I may be consoled and strengthened by Thy presence. I have come, dear Lord, to adore Thee in the sacrament of Thy love, with a heart full of thanks to Thee for abiding with us "*all days.*" I thank Thee, in particular, for having protected and preserved me during the past night, and for having given me another day to labor for Thy greater honor and glory, for the good of my neighbor, and for my own sanctification and salvation. In reparation for all the sufferings Thy sacred Heart endures in the Blessed Sacrament, I offer Thee the adoration and praise of all the just on earth, of all the angels and saints in heaven, and especially of Thy blessed Mother. I offer Thee my heart, my soul, my body,

and all that I have. My whole being shall be consecrated to Thy service. Deign to make me obedient, modest, humble, patient, kind, and magnanimous in my conduct toward others; draw me to Thee in ever closer union with Thy loving, sacred Heart; make me resigned to Thy holy will, and grant that I may be found worthy one day of that reward which Thou hast promised to those who love and serve Thee faithfully on earth. Give me Thy grace, that I may become a saint. Oh, stay with me, dearest Jesus, my good Lord and master, till the evening of my life. Pardon me all my sins; I am very sorry that I have offended Thee, because Thou art infinitely good; I love Thee truly with my whole heart; let me not be separated from Thee, and when death comes say to me: "*Enter thou into the joy of thy Lord.*" Amen.

*O Sacrament most holy! O Sacrament divine!*

*All praise and all thanksgiving be every moment Thine.*



## Litany of the Most Holy Name of Jesus

**K**YRIE eleison.  
Christe eleison

Kyrie eleison.  
Jesu, audi nos.  
Jesu, exaudi nos.  
Pater de cœlis Deus,<sup>1</sup>  
Fili Redemptor mundi  
Deus.

Spiritus Sancte Deus,  
Sancta Trinitas, unus Deus,  
Jesu, Fili Dei vivi,

Jesu, splendor Patris,

Jesu, candor lucis æternæ,

Jesu, rex gloriæ,  
Jesu, sol justitiæ,  
Jesu, fili Mariæ Virginis,

Jesu, amabilis,  
Jesu, admirabilis,  
Jesu, Deus fortis,  
Jesu, Pater futuri sæculi,

Jesu, magni consilii angele,

Jesu, potentissime,  
Jesu, patientissime,  
Jesu, obedientissime,  
Jesu, mitis et humilis corde,

Jesu, amator castitatis,  
Jesu, amator noster,  
Jesu, Deus pacis,  
Jesu, auctor vitæ,  
Jesu, exemplar virtutum,  
Jesu, zelator animarum,  
Jesu, Deus noster,

<sup>1</sup> Misere nobis.

**L**ORD, have mercy on us.  
Christ, have mercy on  
us.

Lord, have mercy on us.  
Jesus, hear us.  
Jesus, graciously hear us.  
God the Father of heaven,<sup>1</sup>  
God the Son, Redeemer of  
the world,

God the Holy Ghost,  
Holy Trinity, one God,  
Jesus, Son of the living  
God,

Jesus, splendor of the Fa-  
ther,

Jesus, brightness of eternal  
light,

Jesus, king of glory,  
Jesus, sun of justice,  
Jesus, son of the Virgin  
Mary,

Jesus, most amiable,  
Jesus, most admirable,  
Jesus, mighty God.

Jesus, father of the world  
to come,

Jesus, angel of the great  
council,

Jesus, most powerful,  
Jesus, most patient,  
Jesus, most obedient,

Jesus, meek and humble of  
heart,

Jesus, lover of chastity,  
Jesus, lover of us,<sup>A</sup>

Jesus, God of peace,  
Jesus, author of life,  
Jesus, model of virtues,

Jesus, zealous for souls,  
Jesus, our God,

<sup>1</sup> Have mercy on us.

Jesu, refugium nostrum,<sup>1</sup>  
 Jesu, pater pauperum,  
 Jesu, thesauræ fidelium,

Jesu, bone pastor,  
 Jesu, lux vera,  
 Jesu, sapientia æterna,  
 Jesu, bonitas infinita,  
 Jesu, via et vita nostra,  
 Jesu, gaudium angelorum,  
 Jesu, rex patriarcharum,  
 Jesu, magister apostolorum,  
 Jesu, doctor evangelistarum,  
 Jesu, fortitudo martyrum,  
 Jesu, lumen confessorum,  
 Jesu, puritas virginum,  
 Jesu, corona sanctorum omnium,

Propitius esto, parce nobis,  
 Jesu.

Propitius esto, exaudi nos,  
 Jesu.

Ab omni malo,<sup>2</sup>  
 Ab omni peccato,  
 Ab ira tua,  
 Ab insidiis diaboli,  
 A spiritu fornicationis,

A morte perpetua,  
 A neglectu inspirationum  
 tuarum,

Per mysterium sanctæ in-  
 carnationis tuæ,

Per nativitatem tuam,

Per infantiam tuam,

Per divinissimam vitam  
 tuam,

Per labores tuos,

Per agoniam et passionem  
 tuam,

<sup>1</sup> Miserere nobis.

<sup>2</sup> Libera nos, Jesu.

Jesus, our refuge,<sup>1</sup>  
 Jesus, father of the poor,  
 Jesus, treasure of the faith-  
 ful,

Jesus, good shepherd,  
 Jesus, true light,  
 Jesus, eternal wisdom,  
 Jesus, infinite goodness,  
 Jesus, our way and our life,  
 Jesus, joy of angels,  
 Jesus, king of patriarchs,  
 Jesus, master of apostles,  
 Jesus, teacher of evangel-  
 ists,

Jesus, strength of martyrs,

Jesus, light of confessors,

Jesus, purity of virgins,

Jesus, crown of all saints,

Be merciful, spare us, O  
 Jesus.

Be merciful, graciously hear  
 us, O Jesus.

From all evil,<sup>2</sup>

From all sin,

From Thy wrath,

From the snares of the devil,

From the spirit of forni-  
 cation,

From everlasting death,

From the neglect of Thy  
 inspirations,

Through the mystery of  
 Thy holy incarnation,

Through Thy nativity,

Through Thine infancy,

Through Thy most divine  
 life,

Through Thy labors,

Through Thine agony and  
 passion,

<sup>1</sup> Have mercy on us.

<sup>2</sup> Jesus, deliver us.

Per crucem et derelictionem tuam,<sup>1</sup>

Per languores tuos,

Per mortem et sepulturam tuam,

Per resurrectionem tuam,

Per ascensionem tuam,

Per Sanctissimæ Eucharistiæ institutionem tuam,

Per gaudia tua,

Per gloriam tuam,

Agnus Dei, qui tollis peccata mundi, parce nobis, Jesu.

Agnus Dei, qui tollis peccata mundi, exaudi nos, Jesu.

Agnus Dei, qui tollis peccata mundi, miserere nobis, Jesu.

Jesu, audi nos.

Jesu, exaudi nos.

*Oremus*

**D**OMINE Jesu Christe, qui dixisti: Petite, et accipietis; quærite, et invenientis; pulsate, et aperietur vobis, quæsumus; da nobis petentibus divinis tui amoris affectum, ut te toto corde, ore et opere diligamus, et a tua nunquam laude cessemus.

<sup>1</sup> Libera nos, Jesu.

Through Thy cross and dereliction,<sup>1</sup>

Through Thy sufferings,

Through Thy death and burial,

Through Thy resurrection,

Through Thine ascension,

Through Thine institution of the most holy Eucharist,

Through Thy joys,

Through Thy glory,

Lamb of God, Who takest away the sins of the world, spare us, O Jesus.

Lamb of God, Who takest away the sins of the world, graciously hear us, O Jesus.

Lamb of God, Who takest away the sins of the world, have mercy on us, O Jesus.

Jesus, hear us.

Jesus, graciously hear us.

*Let us pray*

**O** LORD Jesus Christ, Who hast said: Ask, and ye shall receive; seek, and ye shall find, knock, and it shall be opened unto you; grant, we beseech Thee, to us who ask, the gift of Thy most divine love, that we may ever love Thee with all our hearts, and in all our words and actions, and never cease praising Thee.

<sup>1</sup> Jesus, deliver us.

Sancti nominis tui, Domine, timorem pariter et amorem fac nos habere perpetuum, quia nunquam tua gubernatione destituis quos in soliditate tuæ dilectionis instituis. Qui vivis et regnas, etc. Amen.

300 days, once a day.—Leo

Give us, O Lord, a perpetual fear and love of Thy holy name; for Thou never failest to govern those whom Thou dost solidly establish in Thy love. Who livest and reignest, world without end. Amen.

XIII, Jan. 16, 1886.

### Litany of the Sacred Heart of Jesus

**K**YRIE eleison.  
Christe eleison.

Kyrie eleison.  
Christe, audi nos.  
Christe, exaudi nos.  
Pater de cœlis Deus, miserere nobis.  
Fili Redemptor mundi  
Deus, miserere nobis.

Spiritus Sancte Deus, miserere nobis.  
Sancta Trinitas, unus Deus,  
miserere nobis.  
Cor Jesu, Fili Patris æterni,<sup>1</sup>

Cor Jesu, in sinu Virginis  
Matris a Spiritu Sancto  
formatum,

Cor Jesu, Verbo Dei substantialiter unitum,

Cor Jesu, majestatis infinitæ,  
Cor Jesu, templum Dei sanctum,  
Cor Jesu, tabernaculum Altissimi,

<sup>1</sup> Miserere nobis.

**L**ORD have mercy on us.  
Christ, have mercy on us.

Lord, have mercy on us.  
Christ, hear us.  
Christ, graciously hear us.  
God the Father of heaven,  
have mercy on us.  
God the Son, Redeemer of  
the world, have mercy on us.

God the Holy Ghost, have mercy on us.  
Holy Trinity, one God, have mercy on us.  
Heart of Jesus, Son of the  
Eternal Father,<sup>1</sup>

Heart of Jesus, formed in  
the womb of the Virgin  
Mother by the Holy  
Ghost,

Heart of Jesus, united substantially with the Word of God,

Heart of Jesus, of infinite majesty,

Heart of Jesus, holy temple of God,

Heart of Jesus, tabernacle of the Most High,

<sup>1</sup> Have mercy on us.

Cor Jesu, domus Dei et porta coeli, <sup>1</sup>	Heart of Jesus, house of God and gate of heaven, <sup>2</sup>
Cor Jesu, fornax ardens caritatis,	Heart of Jesus, glowing furnace of charity,
Cor Jesu, justitiæ et amoris receptaculum,	Heart of Jesus, vessel of justice and love,
Cor Jesu, bonitate et amore plenum,	Heart of Jesus, full of goodness and love.
Cor Jesu, virtutum omnium abyssus,	Heart of Jesus, abyss of all virtues,
Cor Jesu, omni laude dig- nissimum,	Heart of Jesus, most worthy of all praise,
Cor Jesu, rex et centrum omnium cordium,	Heart of Jesus, king and center of all hearts,
Cor Jesu, in quo sunt omnes thesauri sapientiæ et scientiæ,	Heart of Jesus, in which are all the treasures of wisdom and knowledge,
Cor Jesu, in quo habitat omnis plenitudo divini- tatis,	Heart of Jesus, in which dwelleth all the fullness of the divinity,
Cor Jesu, in quo Pater sibi bene complacuit,	Heart of Jesus, in which the Father is well pleased,
Cor Jesu, de cujus pleni- tudine omnes nos accepim- us,	Heart of Jesus, of whose fullness we have all re- ceived,
Cor Jesu, desiderium col- lium æternorum,	Heart of Jesus, desire of the eternal hills,
Cor Jesu, patiens et multæ misericordiæ,	Heart of Jesus, patient and rich in mercy,
Cor Jesu, dives in omnes qui invocant te,	Heart of Jesus, rich to all who invoke Thee,
Cor Jesu, fons vitæ et sanctitatis,	Heart of Jesus, fount of life and holiness,
Cor Jesu, propitiatio pro peccatis nostris,	Heart of Jesus, propitia- tion for our sins,
Cor Jesu, saturatum oppro- briis,	Heart of Jesus, saturated with revilings,
Cor Jesu, attritum propter scelera nostra,	Heart of Jesus, crushed for our iniquities,
Cor Jesu, usque ad mortem obediens factum,	Heart of Jesus, made obe- dient unto death,

<sup>1</sup> Miserere nobis.<sup>2</sup> Have mercy on us.

Cor Jesu, lancea perforatum, <sup>1</sup>	Heart of Jesus, pierced with a lance, <sup>1</sup>
Cor Jesu, fons totius consolationis,	Heart of Jesus, source of all consolation,
Cor Jesu, vita et resurrectio nostra,	Heart of Jesus, our life and resurrection,
Cor Jesu, pax et reconciliatio nostra,	Heart of Jesus, our peace and reconciliation,
Cor Jesu, victima peccatorum,	Heart of Jesus, victim for our sins,
Cor Jesu, salus in te sperantium,	Heart of Jesus, salvation of those who hope in Thee,
Cor Jesu, spes in te morientium,	Heart of Jesus, hope of those who die in Thee,
Cor Jesu, deliciae Sanctorum omnium,	Heart of Jesus, delight of all saints,
Agnus Dei, qui tollis peccata mundi, parce nobis, Domine.	Lamb of God, who takest away the sins of the world, spare us, O Lord.
Agnus Dei, qui tollis peccata mundi, exaudi nos, Domine.	Lamb of God, who takest away the sins of the world, graciously hear us, O Lord.
Agnus Dei, qui tollis peccata mundi, miserere nobis.	Lamb of God, who takest away the sins of the world, have mercy on us.
V. Jesu mitis et humilis corde,	V. Jesus meek and humble of heart,
R. Fac cor nostrum secundum Cor tuum.	R. Make our hearts like to Thine.

*Oremus*

**O**MNIPOTENS sempiternæ Deus, respice in Cor dilectissimi Filii tui et in laudes et satisfactiones, quas in nomine peccatorum tibi persolvit, iisque misericordiam tuam petentibus, tu veniam concede placatus, in nomine ejusdem Filii

<sup>1</sup> Miserere nobis.*Let us pray*

**A**Lmighty and everlasting God, graciously regard the Heart of Thy well-beloved Son and the acts of praise and satisfaction which He renders Thee on behalf of us sinners, and through their merit, grant pardon to us

<sup>1</sup> Have mercy on us

tui Jesu Christi, qui tecum  
vivit et regnat in unitate  
Spiritus Sancti Deus, per  
omnia sæcula sæculorum.  
R. Amen.

who implore Thy mercy,  
in the name of Thy Son  
Jesus Christ, Who liveth  
and reigneth with Thee  
in the unity of the Holy  
Spirit, world without end.  
R. Amen.

**Divine Praises**

**B**LESSED be God.  
Blessed be His holy  
name.  
Blessed be Jesus Christ,  
true God and true man.  
Blessed be the name of  
Jesus.  
Blessed be His most sa-  
cred Heart.  
Blessed be Jesus in the  
most holy Sacrament  
of the Altar.  
Blessed be the great

Mother of God, Mary  
most holy.  
Blessed be her holy and  
immaculate conception.  
Blessed be the name  
of Mary, virgin and  
mother.  
Blessed be Saint Joseph  
her most chaste  
Spouse.  
Blessed be God in His  
a n g e l s and in His  
saints.

One year for every recital, and two years when said publicly after Mass or Benediction.—Leo XIII, Feb. 2, 1897.

## Prayers During the Day

### Grace Before Meals

**B**LESS us, O Lord, | receive from Thy bounty:  
and these Thy gifts | through Christ our Lord.  
which we are about to | R. Amen.

### Grace After Meals

**W**E give Thee thanks, | R. Amen.  
almighty God, for | V. Let us bless the  
all Thy benefits, Who | Lord.  
livest and reignest world | R. Thanks be to God.  
without end. | V. May the souls of  
R. Amen. | the faithful departed,  
Vouchsafe, O Lord, to | through the mercy of  
reward with eternal life | God, rest in peace.  
all those who do us good | R. Amen.  
for Thy name's sake. |

### Act of Faith

**O** MY God! I firmly | teaches, because Thou,  
believe all the sacred | Who canst neither de-  
truths which the Catholic | ceive nor be deceived,  
Church believes and | hast revealed them.

### Act of Hope

**O** MY God, trusting in | my sins, the assistance of  
Thy promises and | Thy grace, and life ever-  
relying on Thy infinite | lasting, through the merits  
power and goodness, I | of Jesus Christ, my Lord  
hope to obtain pardon for | and Redeemer.



## Act of Charity

**O** MY God, I love Thee with my whole heart and above all things, because Thou art the Supreme Good and worthy of all our love. I am sorry for having displeased Thy infinite goodness by my sins. I desire to do Thy holy will and to love Thee more and more. For the love of Thee I will love my neighbor as myself.

The Sovereign Pontiff, Benedict XIV, considering that it is not only useful, but also truly necessary, for eternal salvation to make frequent acts of the theological virtues of faith, hope, and charity, in order to excite the faithful to make these acts, granted, by a decree of the Sacred Congregation of Indulgences, Jan. 28, 1756, confirming the grant already made by Benedict XIII, Jan. 15, 1728, a *plenary indulgence*, once a month, to all those who

shall, daily, devoutly say, and, at the same time, make with their heart these acts. This indulgence may be gained on any day, when, being truly penitent, after confession and communion, they shall pray for peace and union among Christian princes, for the extirpation of heresy, and for the triumph of Holy Church.

He granted in like manner a *plenary indulgence* at the hour of death. Finally, to excite the faithful to a very frequent use of these acts, he extended the *indulgence of seven years and seven quarantines* which, by the grant of his predecessor, could be gained only once a day, to every time that these acts are said with heartfelt devotion.

The same Sovereign Pontiff further declared that, to gain these indulgences, it is not necessary to make use of any set form of words, but that any one may use any form of words which he pleases, provided it expresses the particular motive of each of the three theological virtues.

—*The New Raccolta.*

## The Angelus

**A**NGELUS Domini nuntiavit Mariæ.

R. Et concepit de Spiritu Sancto.

Ave, Maria, etc.

V. Ecce ancilla Domini.

**T**HE angel of the Lord declared unto Mary.

R. And she conceived by the Holy Ghost.

Hail, Mary, etc.

V. Behold the handmaid of the Lord.

R. Fiat mihi secundum  
verbum tuum.

Ave, Maria, etc.

V. ET VERBUM CARO  
FACTUM EST.

R. Et habitavit in nobis.

Ave, Maria, etc.

V. Ora pro nobis, sancta  
Dei Genitrix.

R. Ut digni efficiamur  
promissionibus Christi.

*Oremus*

**G**RATIAM tuam, quæsu-  
mus, Domine, menti-  
bus nostris infunde,  
ut qui, Angelo nuntiante,  
Christi filii tui incarna-  
tionem cognovimus, per  
passionem ejus et crucem  
ad resurrectionis gloriam  
perducamur; per eundem  
Christum Dominum nos-  
trum. Amen.

R. Be it done unto me  
according to Thy word.

Hail, Mary, etc.

V. AND THE WORD WAS  
MADE FLESH.

R. And dwelt among us.

Hail, Mary, etc.

V. Pray for us, O holy  
Mother of God.

R. That we may be made  
worthy of the promises of  
Christ.

*Let us pray*

**P**OUR forth, we beseech  
Thee, O Lord, Thy  
grace into our hearts;  
that as we have known the  
incarnation of Christ Thy  
Son by the message of  
an angel, so, by His pas-  
sion and cross, we may be  
brought to the glory of  
His resurrection; through  
the same Christ our Lord.  
Amen.

### Regina Cæli

During Eastertide, from Holy Saturday till Trinity  
Sunday, instead of the *Angelus*, the *Regina Cæli* is re-  
cited *standing*.

**R**EGINA cæli, lætare,  
*Alleluia.*

Quia quem meruisti por-  
tare, *Alleluia.*

Resurrexit, sicut dixit, *Al-  
leluia.*

Ora pro nobis Deum, *Al-  
leluia.*

V. Gaude et lætare, Vir-  
go Maria, *Alleluia.*

R. Quia surrexit Domi-  
nus vere, *Alleluia.*

**Q**UEEN of heaven, re-  
joice, *Alleluia.*

For He Whom thou didst  
deserve to bear, *Alleluia.*

Hath risen as He said, *Al-  
leluia.*

Pray for us to God, *Al-  
leluia.*

V. Rejoice and be glad,  
O Virgin Mary! *Alleluia.*

R. Because Our Lord is  
truly risen, *Alleluia.*